

# Training Effectiveness Survey Form

This **training effectiveness survey** form sample is designed to measure knowledge retention accurately after a training session. It helps organizations evaluate how well participants have absorbed and retained the material presented. Using this survey ensures continuous improvement in training programs.

**Participant Information**  
Name:  
  
  
Department:  
  
  
Training Date:

**Knowledge Retention Assessment**  
  
1. How confident are you in applying the knowledge from this training in your work?  

☐ Very Confident  
☐ Somewhat Confident  
☐ Not Confident

  
2. Can you recall three key concepts from the training? Please list them:  
  
3. How much of the training content do you feel you have retained?  

▾

  
4. Please give an example of how you have or could use what you have learned:  
  
5. What parts of the training would you like to review further?