

# Sports Activity Waiver Form

This **sports activity waiver form** sample includes a comprehensive COVID-19 clause to ensure participant safety and legal protection. It clearly outlines the risks involved in the activity and the acknowledgment of health guidelines. Use this form to effectively manage liabilities and promote a safe sporting environment.

## Participant Information

Full Name:

Date of Birth:

Emergency Contact Name & Number:

## Activity Information

Activity/Program Name:

## Risks Acknowledgment

I, the undersigned, acknowledge that participation in the above activity involves inherent risks of injury, illness, including but not limited to COVID-19, and property damage. I freely assume all such risks, both known and unknown, and take full responsibility for my participation.

## COVID-19 Clause

By signing below, I understand and acknowledge that:

- Participation may involve possible exposure to and illness from infectious diseases including but not limited to COVID-19.
- I agree to comply with all stated and customary health and safety measures, including but not limited to mask-wearing, hand hygiene, and physical distancing.
- I will not participate if I am experiencing symptoms or have tested positive for COVID-19 within the prior 14 days, or have been in close contact with someone diagnosed with COVID-19 within the past 14 days.
- I assume all risks of contracting COVID-19 arising out of my participation.

## Waiver and Release of Liability

I hereby release, waive, discharge, and covenant not to sue the organizers, sponsors, volunteers, or property owners for any and all liability, claims, or demands arising out of or related to participation in this activity.

Participant Signature:

Date: