

# Manual Handling Risk Assessment Form Sample

This **manual handling risk assessment form sample** helps identify and evaluate potential hazards associated with manual lifting tasks. It is essential for ensuring workplace safety and compliance with health and safety regulations. Use this form to systematically document risks and implement effective control measures.

## Assessment Details

Assessment Date		Assessor Name	
Location		Assessment Review Date	
Task/Activity			

## Task Information

Description of Task	
Frequency	
People Involved	
Weight of Load	

## Hazard Identification

Hazard	Potential Harm	People at Risk	Existing Controls	Risk Rating

## Control Measures - Action Plan

Additional Controls Needed	Person Responsible	Target Date	Date Completed

## Sign Off

Assessor Signature		Date	
Supervisor/Manager Signature		Date	