

# Manual Handling Risk Assessment Form Sample

This **manual handling risk assessment form sample** helps identify and evaluate potential hazards associated with manual lifting tasks. It is essential for ensuring workplace safety and compliance with health and safety regulations. Use this form to systematically document risks and implement effective control measures.

## Assessment Details

|                 |                        |  |
|-----------------|------------------------|--|
| Assessment Date | Assessor Name          |  |
| Location        | Assessment Review Date |  |
| Task/Activity   |                        |  |

## Task Information

|                     |  |
|---------------------|--|
| Description of Task |  |
| Frequency           |  |
| People Involved     |  |
| Weight of Load      |  |

## Hazard Identification

| Hazard | Potential Harm | People at Risk | Existing Controls | Risk Rating |
|--------|----------------|----------------|-------------------|-------------|
|        |                |                |                   |             |

## Control Measures - Action Plan

| Additional Controls Needed | Person Responsible | Target Date | Date Completed |
|----------------------------|--------------------|-------------|----------------|
|                            |                    |             |                |

## Sign Off

|                              |  |      |  |
|------------------------------|--|------|--|
| Assessor Signature           |  | Date |  |
| Supervisor/Manager Signature |  | Date |  |