

# Substance Abuse Counseling Consent Form Sample

The **substance abuse counseling consent form sample** provides a clear and legally sound template for clients to understand their rights and the counseling process. This form ensures informed consent, outlining confidentiality, treatment goals, and the counseling approach. Using this sample helps both counselors and clients establish trust and clarity before beginning therapy.

## Client Information

Full Name:

Date of Birth:

Address:

Phone Number:

## Consent to Counseling

- Nature and Purpose:** I understand that I am consenting to participate in substance abuse counseling, which may include individual or group sessions to address my substance use concerns.
- Confidentiality:** I acknowledge that information shared in sessions will remain confidential, except as required by law (e.g., threats of harm to self/others, court orders, suspected abuse).
- Treatment Goals:** I understand that counseling will focus on goals collaboratively developed with my counselor to facilitate recovery and well-being.
- Voluntary Participation:** I understand that my participation is voluntary, and I have the right to withdraw consent at any time.
- Risks and Benefits:** I acknowledge that while counseling offers potential benefits, there may also be personal discomfort or emotional challenges as I address substance use issues.
- Records:** I am aware that my counselor will maintain records of sessions, which will be stored securely.

## Client Consent

I have read and understand the information above. I consent to participate in substance abuse counseling.

Client Signature:

Date:

Counselor Signature:

Date: