

Gym Registration Form Sample (Excel)

Enhance your gym's membership process with this sample excel registration form, designed to accommodate **multiple attendee fields** efficiently. This template simplifies data entry, allowing for quick collection of participant details in one convenient file. Perfect for managing group sign-ups and ensuring accurate member tracking.

Sample Registration Form Fields

Attendee #	First Name	Last Name	Date of Birth	Gender	Email Address	Phone Number	Membership Type	Emergency Contact Name	Emergency Contact Phone	Medical Conditions
1	Jane	Doe	1995-03-15	Female	jane.doe@email.com	555-1234	Annual	John Doe	555-5678	None
2	Michael	Smith	1989-07-22	Male	michael.smith@email.com	555-8765	Monthly	Susan Smith	555-4321	Asthma

Instructions

1. Download the sample registration form in Excel format.
2. Enter attendee details in each row. Use additional rows for more attendees.
3. Save and share the Excel file for easy team sign ups and record management.

[Download Sample Excel \(.xlsx\)](#)