

# Event Waiver Form Sample for Fitness Classes

Download our **event waiver form sample** designed specifically for fitness classes to ensure participant safety and legal protection. This clear and concise form helps instructors collect necessary health information and obtain informed consent. Streamline your class registration process with a reliable waiver template.

## Fitness Class Event Waiver Form

### Participant Information

Full Name:

Date of Birth:

Email Address:

Phone Number:

### Health Information

Do you have any medical conditions or injuries we should be aware of?

Physician's Name (optional):

### Waiver and Release of Liability

I, the undersigned participant, acknowledge that I am choosing to participate in fitness classes at my own risk. I certify that I am physically fit to participate and have disclosed any relevant health conditions above. I hereby release the organizers, instructors, and facility from any liability for injuries, illness, or damages sustained during class participation.

**I have read and agree to the waiver and release of liability.**

Participant Signature:

Date:

**Submit Waiver**