

Physical Health Assessment Form Sample

A **physical health assessment form** sample provides a structured template to evaluate an individual's overall health status, focusing on vital signs, medical history, and current physical condition. It is essential for healthcare providers to gather accurate information and identify potential health risks promptly. Utilizing such a form ensures a comprehensive and systematic approach to physical health evaluation.

Personal Information

Full Name:

Date of Birth:

Gender:

Vital Signs

Height (cm):

Weight (kg):

Blood Pressure (mmHg):

Pulse Rate (bpm):

Temperature (°C):

Medical History

Past Illnesses / Surgeries:

Current Medications:

Known Allergies:

Physical Examination

General Appearance:

Cardiovascular Assessment:

Respiratory Assessment:

Abdominal Assessment:

Musculoskeletal Assessment:

Assessment Summary & Recommendations

Summarize the assessment and provide recommendations...

Submit Assessment