

Gym Waiver Form Sample for Group Fitness Classes

Download our **gym waiver form sample** to ensure the safety and legal protection of all participants in group fitness classes. This form clearly outlines the risks involved and obtains consent from each member before they join the session. Simplify your class registration process with this essential document.

Group Fitness Class Waiver and Release of Liability

Full Name:

Date of Birth:

Email Address:

Participant Acknowledgement

I, the undersigned, acknowledge and understand that participating in group fitness classes involves inherent risks, including but not limited to physical injury, illness (including infectious diseases), and property damage. I voluntarily assume all such risks associated with these activities.

Medical Clearance

I certify that I am physically fit and have not been advised otherwise by a qualified medical professional. I agree to inform the instructor of any changes to my health status.

Release of Liability

In consideration of being allowed to participate in group fitness classes, I release and hold harmless the gym, its owners, instructors, and staff from any and all liability, claims, or demands arising out of or related to any loss, damage, or injury that may be sustained during my participation.

Consent

I have read, understood, and voluntarily agree to the above waiver and release of liability. By signing below, I acknowledge that this agreement is binding.

Signature:

Date:

Submit