

Psychological Assessment Form Sample for Adults

Personal Information

Full Name:

Date of Birth:

Gender: Select

Contact Information:

Presenting Concerns

Brief Description of Presenting Issues:

Personal & Family History

Relevant Medical/Mental Health History:

Family Mental Health History:

Behavioral Observations

Appearance:

Behavior:

Mood/Affect:

Standardized Testing Results

Tests Administered:

Summary of Results:

Summary & Recommendations

Diagnosis (if applicable):

Treatment Recommendations:

[Submit Assessment](#)

A **psychological assessment form sample for adults** is a structured tool used by clinicians to systematically gather comprehensive information about an individual's mental health status. It typically includes sections on personal history, behavioral observations, and standardized test results. This form aids in accurate diagnosis and tailored treatment planning.