

New Client Intake Form Sample for Nutritionists

Our **new client intake form sample** is designed specifically for nutritionists to streamline the client onboarding process. This form collects essential health and dietary information to create personalized nutrition plans. It ensures accuracy and efficiency in gathering client details for optimal care.

Personal Information

Full Name:

Date of Birth:

Email Address:

Phone Number:

Health & Dietary Information

Height (cm):

Weight (kg):

Current Medical Conditions:

Food Allergies or Sensitivities:

Dietary Restrictions:

Primary Nutrition Goals:

Lifestyle

Physical Activity Level:

Please select...▼

Typical Daily Meals & Snacks:

Submit