

Gym Membership Waiver Form (Guest)

This **gym membership waiver form** is designed for guests to acknowledge and accept the risks associated with using gym facilities. It ensures that all participants understand and agree to the terms before engaging in any physical activities. Signing this waiver helps protect the gym from liability claims and promotes a safe workout environment.

Personal Information

Full Name:

Date of Birth:

Phone Number:

Email Address:

Waiver and Release of Liability

I, the undersigned, acknowledge that my use of the gym facilities involves inherent risks, including the risk of injury. I voluntarily accept these risks and agree to waive, release, and discharge the gym, its employees, and agents from all liability for any injury, loss, or damage suffered while participating in activities at the gym.

I also agree to comply with all posted rules and instructions from gym staff, and to use equipment safely and appropriately.

I have read, understand, and accept the terms of this waiver.

Signature

Guest Signature:

Date:

Submit Waiver