

Rheumatoid Arthritis Health Assessment Questionnaire Scoring

The **rheumatoid arthritis health assessment questionnaire scoring** is a standardized tool used to evaluate the physical function and disability levels in patients with rheumatoid arthritis. It quantifies the impact of the disease on daily activities, assisting healthcare providers in monitoring disease progression and treatment effectiveness. Accurate scoring helps to tailor personalized treatment plans and improve patient outcomes.

Sample Health Assessment Questionnaire (HAQ) Scoring Table

Category	Assessment Item	Score (0-3)	Comments
1. Dressing & Grooming	Ability to dress, shampoo hair, etc.	0 - No difficulty	
2. Rising	Ability to stand up from chair, get in/out of bed	0 - No difficulty	
3. Eating	Ability to cut meat, lift cup or glass	0 - No difficulty	
4. Walking	Ability to walk outdoors on flat ground	0 - No difficulty	

HAQ Scoring:

- Each item is scored from 0 (no difficulty) to 3 (unable to do).
- The average score across all items assessed determines the patient's level of physical function.
- 0 = No disability, 1 = Mild, 2 = Moderate, 3 = Severe disability.

Regular use of the **Rheumatoid Arthritis Health Assessment Questionnaire** assists in tracking a patient's progress and optimizing clinical management.