

# Rheumatoid Arthritis Health Assessment Questionnaire Scoring

The **rheumatoid arthritis health assessment questionnaire scoring** is a standardized tool used to evaluate the physical function and disability levels in patients with rheumatoid arthritis. It quantifies the impact of the disease on daily activities, assisting healthcare providers in monitoring disease progression and treatment effectiveness. Accurate scoring helps to tailor personalized treatment plans and improve patient outcomes.

## Sample Health Assessment Questionnaire (HAQ) Scoring Table

| Category               | Assessment Item                                   | Score (0-3)                                    | Comments |
|------------------------|---|--|----------|
| 1. Dressing & Grooming | Ability to dress, shampoo hair, etc.              | <input type="text" value="0 - No difficulty"/> |          |
| 2. Rising              | Ability to stand up from chair, get in/out of bed | <input type="text" value="0 - No difficulty"/> |          |
| 3. Eating              | Ability to cut meat, lift cup or glass            | <input type="text" value="0 - No difficulty"/> |          |
| 4. Walking             | Ability to walk outdoors on flat ground           | <input type="text" value="0 - No difficulty"/> |          |

### HAQ Scoring:

- Each item is scored from 0 (no difficulty) to 3 (unable to do).
- The average score across all items assessed determines the patient's level of physical function.
- 0 = No disability, 1 = Mild, 2 = Moderate, 3 = Severe disability.

Regular use of the **Rheumatoid Arthritis Health Assessment Questionnaire** assists in tracking a patient's progress and optimizing clinical management.