

Release and Waiver Form Sample for Liability in Sports

Use this **Release and Waiver Form** sample to protect sports organizations from liability claims. It clearly outlines the risks involved and ensures participants acknowledge their agreement. This form is essential for minimizing legal issues in athletic activities.

Release and Waiver of Liability

By signing this form, I acknowledge that I am voluntarily participating in the athletic activities organized by [Organization Name]. I understand that participation in sports can involve risks, including, but not limited to, physical injury or even death.

I hereby release and discharge [Organization Name], its directors, officers, employees, volunteers, and agents from any and all claims, liabilities, demands, or causes of action that may arise from my participation.

I am physically fit and have no known medical conditions that would increase my risk of injury while participating. I agree to follow all rules and instructions provided by the organizers.

I have read, understand, and voluntarily sign this release and waiver of liability.

Participant Name:

Signature:

Date:

Parent/Guardian (if under 18):