

Patient Health Questionnaire for Anxiety and Depression

Patient Health Questionnaire for anxiety and depression is a standardized tool used to quickly assess the presence and severity of these common mental health conditions. It helps healthcare providers identify symptoms and determine appropriate treatment plans. Regular use of this questionnaire supports early intervention and improved patient outcomes.

Patient Information

Full Name:

Date:

Over the last 2 weeks, how often have you been bothered by any of the following problems?

1. Little interest or pleasure in doing things

Select▼

2. Feeling down, depressed, or hopeless

Select▼

3. Feeling nervous, anxious, or on edge

Select▼

4. Not being able to stop or control worrying

Select▼

5. Trouble relaxing

Select▼

Additional Comments

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