

Mental Health Risk Assessment Form

This **mental health risk assessment form** sample template provides a structured approach to identifying potential mental health risks in individuals. It helps professionals systematically evaluate symptoms, behaviors, and environmental factors to ensure timely and appropriate interventions. Utilizing this template enhances accuracy and supports comprehensive care planning.

Client Information

Name:

Date of Birth:

Assessment Date:

Assessor Name:

Presenting Symptoms & Behaviors

Symptom/Behavior	Observed?	Comments
Depressed mood	<div>No</div>	<input type="text"/>
Anxiety/Panic	<div>No</div>	<input type="text"/>
Irritability/Anger	<div>No</div>	<input type="text"/>
Hallucinations/Delusions	<div>No</div>	<input type="text"/>
Disorganized behavior	<div>No</div>	<input type="text"/>
Withdrawal/Isolation	<div>No</div>	<input type="text"/>

Risk Factors

☐ Suicidal ideation ☐ Self-harm ☐ Violence to others ☐ Substance abuse ☐ Homelessness ☐

Legal issues

Details/Comments:

Protective Factors

☐ Family support ☐ Supportive friends ☐ Employment ☐ Spiritual beliefs ☐ Engaged in treatment

Overall Risk Level

Select:

--Select--

Summary/Justification:

Intervention Plan

Recommended Actions:

E.g., safety planning, referral to psychiatrist, inpatient admission, schedule follow-up

Follow-Up Arrangements: