# Remote Work Experience Survey Template for IT Professionals

This **remote work experience** survey template is designed specifically for IT professionals to capture valuable insights about their productivity, challenges, and work-life balance while working remotely. It helps organizations understand the remote work environment and improve support strategies. The template ensures comprehensive feedback through well-structured, easy-to-analyze questions.

## Section 1: General Information

Your current role/title:

[                    ]

Department/Team:

[                    ]

How long have you been working remotely?

[ Less than 3 months    ▼ ]

## Section 2: Productivity and Collaboration

How would you rate your productivity when working remotely compared to working onsite?
- ○ Much higher
- ○ Higher
- ○ About the same
- ○ Lower
- ○ Much lower

Do you have access to all the necessary tools and resources when working remotely?
- ○ Always
- ○ Usually
- ○ Sometimes
- ○ Rarely
- ○ Never

How effective is communication and collaboration with your team while working remotely?

[ Very effective    ▼ ]

## Section 3: Work-Life Balance

How would you describe your work-life balance as a remote IT professional?

[ Excellent    ▼ ]

What are the main factors impacting your work-life balance while working remotely? (Select all that apply)
- ☐ Long/irregular work hours
- ☐ Family/household responsibilities
- ☐ Lack of dedicated workspace
- ☐ Technical issues
- ☐ Communication with team
- ☐ Other

## Section 4: Challenges and Suggestions

What are the biggest challenges you face while working remotely?

What support or resources could help you be more effective as a remote IT professional?



Any additional comments or feedback about your remote work experience?



Submit Survey