

Mental Health Risk Assessment Form Sample

A **mental health risk assessment form sample** is a vital tool used by professionals to identify potential psychological risks and ensure appropriate care. This form helps in systematically evaluating an individual's mental state to prevent harm and provide targeted support. Utilizing a standardized sample enhances accuracy and consistency in mental health evaluations.

Personal Information

Full Name:

Date of Birth:

Assessed By:

Assessment Date:

Risk Factors

Current Mood:

Stable Anxious Depressed Other

Self-Harm/Suicidal Ideation:

Yes No

Risk of Violence to Others:

▼

Substance Use:

▼

Protective Factors:

Clinical Notes

Summary of Findings:

Plan/Recommendations: