

# Gym Membership Application Form

Use this **membership application form** sample to streamline the process of enrolling new gym members. It collects essential personal information, fitness goals, and emergency contacts to ensure a safe and personalized workout experience. Customize the form to fit your gym's specific requirements and start building a loyal community today.

## Personal Information

Full Name:

Date of Birth:

Gender:

 Select

Address:

Email:

Phone Number:

## Membership Details

Membership Type:

 Select

Preferred Start Date:

## Fitness Goals

What are your primary fitness goals?

e.g., weight loss, muscle gain, general fitness

Any medical conditions or injuries?

Please specify

## Emergency Contact

Contact Name:

Contact Phone:

Relationship:

**Submit Application**