

# Free Injury Waiver Form Sample Template

Download our **free injury waiver form** sample template to protect your business from liability. This easy-to-use document ensures participants acknowledge risks and agree to terms before engaging in activities. Customize the template to suit your specific needs and maintain legal safety.

## Injury Waiver and Release of Liability Form

**Participant Name:**

**Date of Birth:**

**Activity/Event:**

**Date of Activity/Event:**

### Waiver Agreement

I, the undersigned participant, acknowledge that participation in the above activity/event involves inherent risks, including the risk of injury, illness, or death. I voluntarily assume all such risks and agree to release, discharge, and hold harmless [Your Business/Organization Name], its officers, employees, and agents from any and all claims, liabilities, actions, or losses arising from my participation.

☐ I have read and agree to the terms and conditions in this waiver form.

**Participant Signature:**

**Date:**

*If participant is under 18, a parent/guardian must complete the section below:*

**Parent/Guardian Name:**

**Parent/Guardian Signature:**

**Date:**

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