

Corporate Fitness Center Waiver Form Sample

Download our **corporate fitness center waiver form sample** to ensure liability protection and clear communication of health risks for all gym participants. This essential document helps companies maintain safety standards and legal compliance in their fitness facilities. Customize the form to suit your organization's specific requirements and promote a secure workout environment.

Sample Waiver Form

Participant Information

Full Name:

Employee ID:

Department:

Contact Number:

Waiver and Release of Liability

I acknowledge that my participation in the corporate fitness center is voluntary and involves physical activities that may carry certain risks of injury or illness. I hereby waive, release, and discharge [Company Name], its officers, employees, and agents from any and all liability, claims, demands, or causes of action that may arise from my use of the fitness center, except for those arising from gross negligence or willful misconduct.

I affirm that I am physically able to participate in activities at the facility, and that I will consult a physician if I have any health concerns. I agree to adhere to all posted guidelines, rules, and instructions provided by the fitness center staff.

☐ I have read, understood, and agree to the waiver and release of liability above.

Emergency Contact

Name:

Phone:

Signature:

Date:

Submit Waiver