

# Recreational Sports Waiver Form Sample

A **recreational sports waiver form sample** serves as a legal document that participants sign to acknowledge and accept the risks associated with sports activities. This form helps protect organizers from liability in case of injuries during recreational events. Utilizing a well-structured waiver ensures clear communication of responsibilities between participants and event coordinators.

## Participant Information

Full Name:

Date of Birth:

Address:

Phone Number:

Email Address:

## Waiver and Release of Liability

By signing this form, I acknowledge that participation in recreational sports activities involves inherent risks, including but not limited to physical injury, property damage, or death. I voluntarily choose to participate, accept all risks, and agree to waive, release, and discharge the organizers, sponsors, event coordinators, property owners, and affiliates from all liability for any claims arising from my participation.

I affirm that I am physically fit and understand the risks involved. I agree to abide by all rules and regulations and to inform the organizers of any relevant medical conditions. I have read and fully understand this waiver and release of liability.

Participant Signature:

Date:

Parent/Guardian Signature (if under 18):

Date:

Submit