

# Patient Medical Report: Diabetes Management

Patient Name: John Doe

Date of Birth: 1970-08-15

Medical Record #: 12345678

Date of Report: 2024-05-27

## 1. Diagnosis

Type 2 Diabetes Mellitus

## 2. Summary of Present Condition

The patient presents for routine diabetes management. Reports occasional fatigue, no blurred vision or neuropathy. Monitoring blood glucose at home.

## 3. Recent Laboratory Results

Test	Date	Result	Reference Range
HbA1c	2024-05-20	7.1%	4.0 – 5.6%
Fasting Glucose	2024-05-20	145 mg/dL	70 – 99 mg/dL
Creatinine	2024-05-20	1.0 mg/dL	0.7 – 1.3 mg/dL
Lipid Panel (Total Cholesterol)	2024-05-20	185 mg/dL	< 200 mg/dL

## 4. Current Medications

- Metformin 1000 mg, orally, twice daily
- Glipizide 5 mg, orally, once daily
- Lisinopril 10 mg, orally, once daily (for hypertension)
- Atorvastatin 20 mg, orally, once daily (for hyperlipidemia)

## 5. Lifestyle and Self-Management

- Diet: Following a carbohydrate-controlled meal plan
- Exercise: Brisk walking, 30 minutes/day, 5 days/week
- Blood glucose monitoring: 2–3 times daily
- No tobacco use, occasional alcohol

## 6. Recommendations & Plan

- Continue current medication regimen
- Monitor blood glucose as instructed
- Schedule follow-up in 3 months
- Consider referral to diabetes educator for further support
- Repeat HbA1c at next visit
- Encourage ongoing physical activity and healthy eating

## 7. Provider Information

Provider: Dr. Jane Smith, MD

Clinic: City Health Medical Center

Contact: (555) 123-4567

This report is confidential and intended solely for the patient and authorized healthcare professionals.