

Gym Membership Waiver Form

Member Name: _____
Date of Birth: _____
Email Address: _____
Phone Number: _____
Emergency Contact Name & Phone: _____

Waiver and Release of Liability

I, the undersigned, wish to voluntarily participate in activities, fitness classes, and usage of equipment and facilities at [Gym Name]. I acknowledge and fully understand that my participation involves inherent risks of injury, illness, or even death. I hereby assume all such risks, whether foreseen or unforeseen, and voluntarily release, waive, discharge, and covenant not to sue [Gym Name], its owners, agents, employees, and representatives from any liabilities, claims, or demands for personal injury, property damage, or wrongful death, whether caused by their negligence or otherwise.

COVID-19 Acknowledgment and Agreement

- I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending the gym and engaging in its activities.
- I agree to comply with all posted guidelines, protocols, and procedures implemented by [Gym Name] to reduce the spread of COVID-19, including but not limited to mask-wearing, hand hygiene, social distancing, and equipment cleaning.
- I certify that I am not currently experiencing symptoms of COVID-19 (including but not limited to fever, cough, or shortness of breath), nor have I tested positive for COVID-19 in the past 14 days, nor have I been advised to quarantine by public health authorities.
- If I experience symptoms or test positive, I will promptly notify [Gym Name] and refrain from visiting the facilities until cleared by a physician.

Medical Disclosure

I affirm that I am physically fit and capable of participating in gym activities. I agree to inform the gym in writing of any medical condition or limitation that may affect my participation, and to consult with my physician prior to commencing any exercise program.

Agreement

I have read, understood, and agree to abide by all terms of this waiver. I recognize that by signing this document, I am waiving certain legal rights.

Signature of Member: _____

Date: _____

If under 18, Signature of Parent/Guardian: _____

This gym membership waiver form sample includes essential clauses to protect both the gym and its members, addressing general liability and specific risks related to COVID-19. It ensures participants acknowledge potential health risks and agree to follow safety protocols. Using this form helps maintain a safe environment while complying with legal requirements.