

# Free Gym Membership Waiver Form Sample PDF

Download our **free gym membership waiver form** sample PDF to ensure your clients acknowledge the risks associated with physical activities. This document helps protect your gym from liability by clearly outlining the terms and conditions. Easily customizable and ready to use, it's an essential tool for gym owners.

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## Sample Gym Membership Waiver Form

Participant Information	
Full Name:	<input type="text"/>
Date of Birth:	<input type="text"/>
Email Address:	<input type="text"/>
Waiver Agreement	
<p>I acknowledge that physical exercise and participation in gym activities involve inherent risks. I voluntarily accept full responsibility for any injury or accident that may occur while participating in gym activities, whether caused by negligence or otherwise. I release and discharge the gym, its owners, employees, and affiliates from any and all claims or causes of action.</p> <p><input type="checkbox"/> I have read and agree to the terms and conditions above.</p>	
Signature:	
<input type="text"/>	
Date:	
<input type="text"/>	
<input type="submit" value="Submit"/>	