

# Psychological Assessment Form Sample

A **psychological assessment form** sample is an essential tool used by clinicians to gather detailed information about a patient's mental health status. It aids in accurate clinical diagnosis by systematically documenting symptoms, history, and behavioral observations. Utilizing such forms ensures a comprehensive evaluation, facilitating effective treatment planning.

## Patient Information

Full Name:

Date of Birth:

Gender:  Select...

## Presenting Problems

Describe current symptoms and concerns:

## History

### Psychiatric History:

### Medical History:

### Family Psychiatric History:

## Behavioral Observations

### Appearance:

### Mood and Affect:

### Behavior:

## Assessment & Diagnosis

### Clinical Impressions/Assessment:

### Provisional Diagnosis (DSM-5):

#### Treatment Planning

Recommendations and Next Steps:

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