

# Fitness Center Guest Waiver Form

Please read and complete this form before using the fitness center facilities. This waiver is required for all guests.

**Guest Name:**

**Date of Birth:**

**Address:**

**Phone:**

**Emergency Contact Name & Phone:**

**Please list any medical conditions or allergies:**

**Waiver and Release of Liability:**

I, the undersigned, acknowledge that use of the fitness center and its equipment involves inherent risks, including but not limited to physical injury, and agree to assume full responsibility for any risks, injuries, or damages. I hereby waive and release the fitness center, its owners, staff, and affiliates from any and all liability resulting from my use of the facilities. I certify that I am in sufficient physical condition to use fitness equipment and participate in exercise activities.



I have read, understood, and agree to the above waiver and release of liability.

**Guest Signature:**

**Date:**

**Facility Staff/Witness Signature:**

Submit