

Internship Final Evaluation: Self-Assessment Form

Use this **self-assessment form sample** to effectively evaluate your internship performance. It helps reflect on your achievements, skills gained, and areas for improvement. Completing this form ensures a comprehensive final evaluation for your internship journey.

Personal Information

Full Name:

Internship Position:

Department/Team:

Supervisor:

Internship Duration:

e.g., June 2023 – August 2023

Self-Assessment

1. Achievements & Contributions

Describe your key achievements and contributions during the internship.

2. Skills Developed

List and explain the skills you gained or improved during your internship.

3. Challenges & Solutions

Describe any challenges you faced and how you addressed them.

4. Areas for Improvement

Identify areas where you feel you could improve.

5. Future Goals

Outline your future career or learning goals as a result of this internship.

Feedback & Suggestions

Additional Feedback or Suggestions for the Internship Program

Share any feedback or suggestions to help improve the internship program.

Submit