

Mental Health Needs Assessment Form Sample

A **mental health needs assessment form** sample is a valuable tool used to identify and evaluate an individual's psychological well-being. It helps professionals gather essential information to tailor effective treatment plans. This form ensures comprehensive support by addressing specific mental health concerns and needs.

Personal Information

Full Name:

Date of Birth:

Contact Number:

Background Information

Have you been previously diagnosed with a mental health condition?

Select...▼

If yes, please specify:

Current Medications:

Mental Health Concerns

Check any that apply:

☐ Anxiety

☐ Depression

☐ Stress

☐ Trauma

☐ Other (please specify):

Additional Notes

Please describe any additional concerns or relevant information:

Submit