

Gym Guest Pass Waiver Form

Use this **Gym guest pass waiver form** sample template to ensure all visitors acknowledge and accept the gym's terms and liability conditions. This template helps protect your facility legally while providing guests with clear guidelines. Easily customizable, it streamlines the check-in process for temporary gym access.

Guest Information

Full Name:

Date of Birth:

Phone Number:

Email Address:

Emergency Contact

Contact Name:

Contact Phone:

Waiver & Release of Liability

I, the undersigned, acknowledge and understand that my use of [Gym Name]'s facilities and participation in physical activities may involve risks of injury or harm. I hereby voluntarily accept all risks associated with my participation as a guest. I agree to hold [Gym Name], its staff, owners, and affiliates harmless from any and all claims or liabilities arising from my visit.

I certify that I am in good physical condition and able to use the gym's equipment and participate in gym activities. I attest that the information provided on this form is accurate.

I have read, understood, and agree to the waiver and terms of use.

Guest Signature:

Date:

[Submit Waiver Form](#)