

# Sports Activity Consent and Waiver Form Sample

The **sports activity consent and waiver form** sample is designed to ensure participants acknowledge the risks involved and agree to comply with safety guidelines. This form protects organizations by obtaining informed consent before engaging in physical activities. It is essential for minimizing liability and promoting a safe sports environment.

Participant Information

Full Name:

Date of Birth:

Address:

Emergency Contact Phone:

Consent & Waiver

I, the undersigned, hereby acknowledge that my participation in the sports activity involves inherent risks, including the risk of injury. I agree to abide by all rules and safety guidelines set forth by the organizers. I voluntarily assume all risks associated with my participation.

I hereby release and hold harmless the organizers, sponsors, and affiliates from any liability, claims, or demands resulting from any injury, illness, or property damage incurred during participation.

☐ I have read and understood the above waiver and give my consent to participate.

Signatures

Participant Signature:

Date:

Parent/Guardian Signature (if under 18):

Submit