

# High School Student Self-Assessment Form

A **self-assessment form** sample for high school students helps them reflect on their academic performance and personal growth. It encourages honest evaluation of strengths and areas for improvement to foster a proactive learning mindset. This tool supports students in setting realistic goals and tracking progress throughout the school year.

## Student Information

Name:

Grade:

Date:

## Academic Self-Assessment

1. Which subjects do you feel most confident in? Why?

2. Which subjects do you find most challenging? What steps can you take to improve?

3. How do you manage your time for studying and assignments?

## Personal Growth

4. What are your greatest strengths as a student?

5. What areas do you want to develop further?

6. How do you handle setbacks or challenges?

## Goal Setting

7. List at least two goals for the upcoming term:

8. How will you track your progress?

Additional Comments

9. Is there anything else you would like to share about your learning experience?

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