

Sample Volunteer Self-Assessment Form

This **volunteer self-assessment form** helps individuals reflect on their performance, skills, and contributions during their volunteer experience. It encourages honest evaluation to identify strengths and areas for improvement. Completing this form supports personal growth and enhances future volunteer opportunities.

Personal Information

Name:

Volunteer Role/Position:

Period of Service:

e.g., Jan 2024 - May 2024

Reflection

1. What do you consider your key strengths and achievements during your volunteer experience?

2. Which skills did you develop or improve?

3. What challenges did you encounter and how did you address them?

4. Which areas would you like to improve or develop further?

5. Please share any additional feedback or suggestions for the volunteer program:

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