

# Packing Checklist for International Travel with Toddlers

Ensure a smooth journey with our essential **packing checklist** for international travel with toddlers, designed to keep your little ones comfortable and entertained. From snacks and toys to important documents and clothing, this checklist covers all the must-have items. Prepare ahead to enjoy a stress-free adventure with your family abroad.

## Essentials

- **Passports** (including copies)
- Travel visas (if required)
- Flight tickets/boarding passes
- Travel insurance documents
- Emergency contact list

## Health & Safety

- Prescription medications
- Pediatrician's contact information
- First aid kit (bandages, antiseptic, thermometer, etc.)
- Hand sanitizer and antibacterial wipes
- Face masks (if necessary)
- Insect repellent & sunscreen

## Feeding & Snacks

- Bottles and sippy cups
- Formula and/or breastfeeding supplies
- Toddler-friendly snacks and meals
- Utensils, bibs, and baby food containers
- Portable high chair or booster seat

## Comfort & Sleep

- Favorite blanket or lovey
- Travel pillow and lightweight bedding
- Portable travel crib or playpen
- Pajamas and sleepwear
- White noise machine or nightlight

## Clothing

- Weather-appropriate outfits
- Extra changes of clothes
- Comfortable shoes and sandals
- Swimwear and hats
- Rain gear (jacket, umbrella, boots)

## Entertainment

- Favorite toys and stuffed animals
- Books and coloring supplies
- Tablet or device with headphones (pre-loaded with games/movies)
- Travel games and puzzles

## On-the-Go

- Stroller or baby carrier
- Car seat (if required at destination)
- Daypack or diaper bag
- Wet bags or resealable plastic bags
- Blanket for picnics or play

## Personal Care

- Diapers and wipes
- Disposable changing pads
- Toiletries (toothbrush, toothpaste, hairbrush, etc.)
- Travel-size toiletries for parents
- Laundry bag and detergent pods

*Prepare ahead and double-check all documents to ensure a smooth journey with your toddler. Safe and happy travels!*