

Health Assessment Questionnaire: Sensitivity to Change in Therapy

The **health assessment questionnaire** is a crucial tool for evaluating patient progress and measuring sensitivity to changes during therapy. It effectively captures variations in symptoms and functional abilities, enabling tailored treatment adjustments. This responsiveness ensures accurate monitoring of therapeutic outcomes over time.

Sample Health Assessment Questionnaire

Patient Information

Name:

Date:

Functional Ability

For each activity, select the level of difficulty experienced in the past week:

1. Dressing yourself (buttons, zippers):

No difficulty

2. Walking outdoors on flat ground:

No difficulty

3. Getting in or out of bed:

No difficulty

Symptom Assessment

Pain severity (0 = none, 10 = worst):

Fatigue level (0 = none, 10 = worst):

Submit Assessment