

Sports Activity Waiver Form Sample for Adults

A **sports activity waiver form sample** for adults is a crucial document that helps protect organizers from liability by ensuring participants acknowledge the risks involved. It clearly outlines the terms, responsibilities, and consent required before engaging in any sports activity. Using a well-crafted waiver form promotes safety and legal compliance for adult participants.

Adult Sports Activity Waiver Form

Full Name:

Date of Birth:

Address:

Phone Number:

Email Address:

Waiver and Release of Liability

By signing below, I acknowledge that participation in the sports activity involves inherent risks, including the risk of injury, illness, or death. I hereby voluntarily assume all such risks. I agree to release and hold harmless the organizers, staff, volunteers, and affiliated parties from any and all liability claims arising from my participation.

I confirm that I am physically fit and have no health-related reasons that prohibit my participation. I agree to comply with all safety guidelines provided.

☐ I have read and agree to the above waiver and release of liability.

Signature:

Date:

Submit