

Gym Waiver and Release of Liability Form

For Underage Members (Under 18 Years Old)

This **printable gym waiver form** sample is designed specifically for underage members, ensuring all necessary parental consents and legal protections are in place. It streamlines the enrollment process by clearly outlining the responsibilities and risks involved. Perfect for gyms to maintain compliance while safeguarding young participants.

Child/Minor's Full Name:

Date of Birth:

Parent/Guardian's Full Name:

Address:

Phone Number:

Email Address:

Assumption of Risk and Waiver of Liability

I, the undersigned parent or legal guardian, acknowledge and fully understand that participation in gym activities (including use of all facilities and equipment) involves inherent risks, dangers, and hazards which can result in serious personal injury or death. I hereby voluntarily assume all such risks on behalf of my child/minor.

I agree, to the fullest extent allowed by law, to waive, release, and discharge [Gym Name], its owners, officers, employees, and agents from any and all liability for personal injuries, property damage, or wrongful death occurring to my child/minor during their participation in fitness activities, whether resulting from negligence or any other cause.

Parental Consent

I certify that I am the parent/legal guardian of the minor named above. I have read and fully understand the contents of this waiver and agree to all terms on behalf of my child/minor.

Parent/Guardian's Signature:

Date:

Staff Witness:

Date:

This waiver form must be completed and signed by a parent or legal guardian before the minor can participate in any gym activities.